

Unsworth Elementary – Where Learning Lives and Eagles S.O.A.R!

UNSWORTH

PBS Matrix

Revised: Jan 22, 2020

S.O.A.R.		Indoor		Outdoor	
	<u>All Settings</u>	Classrooms/Library/Gym	Hallways/Pods/Washrooms	Fieldtrips	Playground
Self - Regulate	<i>I can be calm, alert and in charge of my feelings.</i>	<ul style="list-style-type: none"> I can enter and exit rooms in an orderly manner. I can use supplies & materials properly. I can be my own boss. 	<ul style="list-style-type: none"> I can walk silently at all times. I can walk on the right-hand side of the hall. I can take ownership for my own behaviour. 	<ul style="list-style-type: none"> I can remain with my assigned group. I can be patient and in control. 	<ul style="list-style-type: none"> I can problem solve in peaceful ways (W.I.T.S.). I can recognize and acknowledge the emotions of others. I can keep my hands and feet to myself.
Open Hearted	<i>I can create a sense of belonging where I and others feel welcome.</i>	<ul style="list-style-type: none"> I can acknowledge the learning needs of others. I can try my best on all assignments. I can be kind and helpful. 	<ul style="list-style-type: none"> I can be considerate of others privacy. I can appreciate displays in the hallway. I can be polite and use my manners. 	<ul style="list-style-type: none"> I can be a positive representative of Unsworth Elementary. I can be a focused listener. I can learn from and contribute to a larger community. 	<ul style="list-style-type: none"> I can listen to my friends' opinions and thoughts. I can recognize and acknowledge the emotions of others. I can keep an open mind when problem-solving. I can invite others to play.
Awesome Attitude	<i>I can always try my best.</i>	<ul style="list-style-type: none"> I can be on time, prepared to learn and complete my work. I can persevere through challenging tasks. I can ask for help when needed. 	<ul style="list-style-type: none"> I can report a problem to an adult immediately. I can set a positive example for others to follow. I can greet others in a friendly way. 	<ul style="list-style-type: none"> I can come with an attitude to learn. I can bring permission slips in on time. 	<ul style="list-style-type: none"> I can demonstrate fair play. I can share and take turns. I can compromise with my friends.
Respect	<i>I can show respect for myself, others and this place.</i>	<ul style="list-style-type: none"> I can listen and follow directions. I can accept consequences for my choices. I can keep my hands-off other people and their belongings. I can clean up after myself. 	<ul style="list-style-type: none"> I can be respectful of others away from class. I can re-enter the class quietly and respectfully. I can respect learning environments of others. 	<ul style="list-style-type: none"> I can listen and follow directions. I can raise my hand to share. I can use a quiet voice on the bus. 	<ul style="list-style-type: none"> I can put garbage in the proper bins. I can follow instructions of the Noon Hour Supervisor. I can make others feel welcome.