



our shared vision

is to create a space that provides

integrated health
and wellness services

to youth, young adults,
and emerging adults

on a drop in basis

in a safe and
supportive environment.

contributing partners



Chilliwack Community Services
Youth Outreach Services

Chilliwack Division of Family Practice
Family Physicians and Pediatricians

Chilliwack Senior Secondary
Counselling & Psychology

Fraser Health Authority
Primary Care, Aboriginal Health, and
Population & Public Health

**Fraser Valley Aboriginal Children and
Family Services Society/Xyolhemelyh**

Ministry of Children and Family Development
Aboriginal Child and Youth Mental Health

Pacific Community Resource Society
Addiction Counsellors

School District #33
Neighbourhood Learning Centre, Chilliwack
Secondary School, and Counseling & Psychology

Stó:lō Nation Health Services

University of the Fraser Valley
School of Social Work & Human Services and
Department of Child, Youth & Family Studies



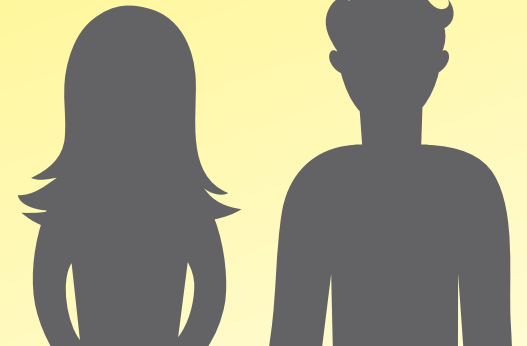
Free, Drop-in Services
for Youth and
Emerging Adults

Ages 12–26

604-819-4603

 /chilliwackyhc

chilliwackyouthhealthcentre@gmail.com



philosophy of care

1 Low-Barrier Access
Confidential and comprehensive access with youth friendly staff. No appointment needed, can self refer.

2 One-Stop Service Integration
Provide integrated physical, mental, and social services while encouraging youth to consider any existing natural supports.

3 Early Detection and Intervention

4 Family Doctor Connections
Once a relationship is established we can be a bridge to matching the youth to a family doctor.

5 Building Youth Capacity
Helping youth take responsibility for their own health.

medical health

Location: Stó:lō Nation Health Centre

Address:
7201 Vedder Rd.
Chilliwack, V2R 4G5

Date and Time:
Every Tuesday
from 2–5 pm



Purpose: Community doctors will provide all aspects of your medical, physical, and sexual health needs. Mental health and addictions support is available. Referrals will be made to appropriate services when needed. You could be unattached with no family doctor, or have a family doctor but prefer to access care here, **no referral or appointment needed and it's free!**

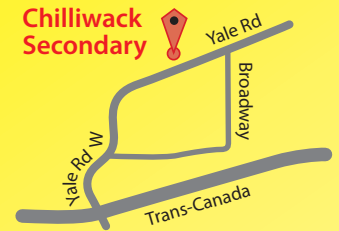
Available to all youth and emerging adults, Aboriginal and non-Aboriginal

counselling

Location: Neighbourhood Learning Centre
(attached to Chilliwack Secondary)

Address:
46361 Yale Rd.
Chilliwack, V2P 2P8

Date and Time:
Every Tuesday
from 1–7 pm



Purpose: Drop-in counselling for issues related to anxiety, depression, stress, substance use, gender issues, family conflict, peer conflict, and school and life planning.

No appointment or referral needed, and it's free!

